



Pre-visit Message to Students

Parents often ask me, what do I tell my child who is coming in for an evaluation?

Please feel free to share this message with your child or use it as a base for your own discussion with your child/teen. The more comfortable you are feeling about the testing, the more your child will feel at ease.

Hi,

You can call me Nicole. We all have things we are good at. We all have things that we find hard. When I was your age, I was good at tennis and math. I thought Spanish class and soccer were really hard! My job is to figure out what you are good at, and what is hard for you. That way, we can figure out how to make school more of the things you are good at and easier.

I'm going to ask you to solve some puzzles, play with blocks, draw, work on an iPad, and do some of the things you do in school, like reading, writing, and math. You may like some of the tasks. You may find some tasks boring. Some tasks or questions are easy. Some things are harder. Most things we do will start off being easy, and then they get hard. No one gets all the answers correct. If you are doing your best, you are doing it right. If a task is fun and easy, that helps me learn about you. If a task is challenging, it helps me learn about you too. Your ideas matter. Just remember, all I want you to do is try your best.

At some point when we meet, I'm also going to ask you about your feelings. Everyone has feelings. Some feelings, such as happy, proud, and relaxed make learning easier. Some feelings, such as worried, sad, and angry, can make learning harder. You can tell me what you are feeling at any time, so I can help you.

I get to work with kids every day. Sometimes kids are in prekindergarten. Others are in third grade, high school or even college! Some kids have black hair, some kids have pink hair, and some kids do not have hair. Some kids have freckles. Some kids wear glasses. Some kids laugh at my jokes. Some kids prefer to tell me jokes. Everyone is different. Whatever kind of kid you are and whatever you look like, if you are you, I will like you. I can't wait to meet you soon.

Warmly,

Nicole